

ERIC LENHARDT

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English as a Second Language Teacher

Seasoned ESL teacher who combines educator skills and a social work background to increase students' knowledge and promote personal growth.

Skill Highlights

- Technology-aided lessons
- Health and wellness focused
- Presentation specialist
- Conversation facilitator

Work History

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| University Instructor
UNIVERSITY OF SHIZUOKA — Shizuoka, Japan | 2006 - 2016 |
| <ul style="list-style-type: none">● Health & Wellness courses for Pharmacy and Nursing.● Developed Power Point presentation curriculum.● Employed Apple video and audio technology in all classes.● 90% approval rating in student satisfaction evaluations. | |
| Adjunct Instructor
TOKOHA UNIVERSITY JUNIOR COLLEGE — Shizuoka, Japan | 2006 - 2015 |
| <ul style="list-style-type: none">● Facilitate content-based ESL courses.● Enhance language acquisition through experiential learning.● Introduce Emotional Intelligence, active listening, meditation and yoga. | |
| Employee Assistance Counselor
CORPORATE COUNSELING ASSOCIATES — New York, NY | 1999 - 2003 |
| <ul style="list-style-type: none">● Provided telephonic assessments and in-person brief therapy.● Identified high risk cases; referred to network providers.● Ran Critical Incident Stress Debriefings and on-site groups. | |
| Clinical Social Worker
BUSHWICK MENTAL HEALTH CENTER — New York, NY | 1995 - 1999 |
| <ul style="list-style-type: none">● Counseled HIV/AIDS patients in Ryan White program.● Provided substance abuse treatment and support groups.● Interfaced with psychiatric and medical staff. | |

Education

- 4 Year Post Masters Psychotherapy Certificate** **1999**
TRAINING INSTITUTE FOR MENTAL HEALTH — New York, NY
- Saw analytic clients up to three times weekly.
 - Attended evening classes taught by practicing analysts.
 - Received training analysis and weekly individual supervision.
- Master of Social Work** **1994**
YESHIVA UNIVERSITY — New York, NY
- Psychotherapy Internship.
 - Senior Living Internship.
- Graduate School Program** **1991**
NEW SCHOOL UNIVERSITY — New York, NY
- Completed MA Coursework.
 - Political Science Major.

Credentials and Other Experience

Volunteering

Yoga Club Faculty Advisor. I currently teach free weekly yoga classes to interested University of Shizuoka students and staff.

Associations

Recently completed the Nurtured Heart Approach's 15 CEU online course "Foundations of NHA".

Certified Yoga Teacher

Completed 150-hour Zentra Yoga Teacher Training Course in August 2015.

Unrelated Work Experience

Insurance Adjustor at Nationwide Insurance Company for four years.

