

Sachiko Kobayashi

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### **Education**

PhD in Psychology, Nagoya University, Nagoya, Japan, 2008

Master of Arts in Clinical Psychology, Nagoya University, Nagoya, Japan, 2004

Bachelor of Arts in Education, Nagoya University, Nagoya, Japan, 2002

### **Employment**

University of Shizuoka, Junior College, Professor, 2016-present

Ogaki Women's College, General Education Center, Assistant Professor, 2012-2016

Nagoya University, Center for Developmental Clinical psychology and Psychiatry,  
Technical Assistant (Clinical research assistant), 2011-2012

Nagoya City University, School of Humanities and Social Sciences, Part-time lecturer,  
2007-2011

Nagoya University, Center for Developmental Clinical psychology and Psychiatry,  
Technical Assistant, 2003-2009

### **Books**

S.Kobayashi . Grief of Abortion, Stillbirth. S,Murase and K.Kabeyama(Ed.) 助産学講座  
第4版 母子の心理・社会学 (Midwifery Lecture 4th Edition Mother-Child's Psychology  
and Sociology) 49-52, Igakusyoin, 2008.

S.Kobayashi and S.Honjyo. Multifetal parenting. S,Murase and K.Kabeyama(Ed.) 助産  
学講座第4版 母子の心理・社会学 (Midwifery Lecture 4th Edition Mother-Child's  
Psychology and Sociology) 117-120, Igakusyoin, 2008.

### **Journal articles**

S.Kobayashi. The Relationship between Social Support and Depressive States among  
Mothers Caring Infants. The Journal of Child Health,67(1), 96-101. 2008.

S.Kobayashi. Depressive Symptoms, Support from Husbands, and Controllability of  
Stress among Mothers of Infants. The Japanese Journal of Developmental  
Psychology,20(2), 189-197, 2009.

S.Kobayashi. Daily Stress, Social Support, and Depressive States in Children. Japanese  
Journal of Child and Adolescent Psychiatry, 50(5), 526-533.2009.

S.Kobayashi. and T.Kitagawa. Effects of Mastery on Postnatal Depressive Symptoms in  
Mothers: The Relationship between Coping and Maetery. The Japanese Journal of

Developmental Psychology, 20(4), 373-381, 2009.

Y.Nishino., S.Kobayashi., and T.Kitagawa. The Effect of Daily Stressors on the Tendency toward Depression and the Role of Self-worth in the Psychological Stress Process: A Longitudinal Study. The Japanese Journal of Personality, 17(2), 133-143, 2009.

Y.Nishino., S.Kobayashi., and T.Kitagawa. Does Self-worth Mediate the Effects of Socio-environmental Experiences on Depression among Fifth and Sixth Grade Students? The Japanese Journal of Psychology, 80(3), 252-257, 2009.

S.Kobayashi. M.Nagata., M.Matsumoto., and H.Komatsu. Changes in Images of a Counseling room after renovation and the Physical Characteristics. Bulletin of the Graduate School of Education and Human Development, Nagoya University, 59, 71-77, 2012

S.Kobayashi., M.Moriyama., Y.Hasegawa., E.Maruyama.and S.Koyama. The Relationship between Child-care Behavior, Housework Behavior, Infant Temperaments, and the Feeling of Difficulty Associated with Rearing among Fathers Caring Babies. The Journal of Child Health, 71(3), 386-392. 2012.

S.Kobayashi., and S.Koyama. Depressive States and the Factors Involved in First-time Fathers 1 Months, 3-4 Months, and 10 Months from Delivery of Their Babies. Japanese Journal of Child and Adolescent Psychiatry, 55(2), 189-196. 2014.

S.Koyama., M.Moriyama., S.Kobayashi., Y.Hasegawa., and E.Maruyama. The Relationship between Sensitivity development and Child-Care Behavior: A Longitudinal Study from Pregnant to 4 Months of Age. The Journal of Child Health 73(5), 680-688, 2014.

### **Regular courses at the University of Shizuoka**

Educational Psychology

Psychology of Nursery 1

Child Psychology

Development and Aging 1

Mechanism of Mind

Teacher Training and Teaching Practice exercise

Graduation Research