

**Name:**

MIYAKO OKUDA

**Department/Title:**

Assistant Professor, Department of Social Welfare, University of Shizuoka Junior College (Shizuoka, Japan)

**Educational background:**

March 1986: Graduated from the Department of Home Life Administration, Faculty of Home Economics, Ochanomizu University, Tokyo

March 1988: Completed master's program at the Graduate School of Home Economics, Ochanomizu University, Tokyo

**Academic degree:**

1988: Master's degree in home economics, Ochanomizu University, Tokyo

**Areas of Specialization:**

Family relations, family life history, principles of home economics, family resources management

**Subjects Taught:**

- Family support
- Family welfare
- Life Support Skills I
- Caring Recreation I
- Guidance on Caring Practice I and II
- Caring practice
- Social welfare practice
- Graduate work comprehensive practice

**Research themes:**

- History of the formation of the modern Japanese family and life
- Research on the roles of home economics in the welfare domain
- Research on the use of life history in developing human resources for the welfare of the elderly

**Academic society membership:**

- The Japan Society of Home Economics
- Japan Society of Family Sociology
- Japanese Society for the Study of Social Welfare
- Japanese Association of Research on Care and Welfare
- The Society for Comparative Family History
- Japan Academy of Consumer Education
- The Japan Association of Home Economics Education

**Professional background:**

April 1991: Assistant, Faculty of Home Economics, Ochanomizu University, Tokyo

April 1993: Part-Time Lecturer, Faculty of Home Economics, Kyoritsu Women's University

April 1996: Part-Time Lecturer, Toyo Eiwa University

April 2002: Associate Professor, Department of Social Welfare, University of Shizuoka Junior College; Assistant Professor from April 2007

**Social activities:**

Shizuoka City Gender Equality Council member 2007-2013

Shizuoka Family Court Committee member 2007-2011

**Research publications:**

Journal articles:

Inuzuka, M. "The Concept of 'Home' in the Middle Meiji Era Based on Articles in *Jogaku Zasshi*, 1885–1893." *Ochanomizu University Studies in Arts and Culture*, 1989, vol. 42, 49–61.

Inuzuka, M. "*Meiji chuki no 'homu' ron ni miru kateikan to kaseikan*" [Views of family and home economics from the concept of "home" in the middle Meiji Era]. *Kazoku kankei gaku*, 1989, vol. 8, 15–20.

Okuda, M. "*Genron kenkyu no kadai ni kotaeru tameno kokoromi: Senkanki no kaseigaku ni okeru seikatsu kaizen eno torikumi wo rei to shite*" [Attempts to address issues in research on principles: using approaches for improving living in home economics during the interwar period as an example]. *Kasei gaku genron bukai kaihou*, 1998, vol. 32, 100–105.

Ozawa, C. and Okuda, M. “‘*Taijin sa-bisu senmon*’ to shite no kasei gaku no kadai to tenbo [The issues and vision of home economics as a study “specialized for interpersonal services”]. *Kasei gaku genron kenkyu*, 2003, vol. 37, 19–22.

Kambe, J., Okuda, M., Kumamoto, H., Kurata, A., Shimazaki, T., Nakagawa, H., “The Subjects of Home Economics for the Care Workers Training.” *Journal of Home Economics of Japan*, 2003, vol. 54, no. 6, 501–10.

Okuda, M., Ishikawa, S., Kumamoto, H., Kurata, A., Shimazaki, T., Nakagawa, H., “Current Situations and Issues in Home Economics Education at Training Schools for Care Workers.” *Research Journal of Care and Welfare*, 2003, vol. 10, no. 1, 19–32.

Okuda, M. “*Zaitaku fukushi bunya ni okeru kasei gakusha no ri-da-shippu: fukushi jinzai no yousei to enpawa-mento ni mukete* [Leadership of home economists in the home welfare domain: For development and empowerment of human resources in welfare]. *Kasei gaku genron kenkyu*, 2004, vol. 38, 7–13.

Nakagawa, H., Kambe, J., Okuda, M., Ohtsuka, J., Kurata, A., Katsuragi, N., Tazaki, H., Nara, T., Matsuda, K., Momota, H. “Living Support and Home Economics: Home Economics in the New Training Curriculum for Care Workers.” *Research Journal of Care and Welfare*, 2003, vol. 16, no. 2, 189–208.

#### Book Chapters:

Okuda, M. *Zusetsu kazoku mondai no genzai* [Illustrated current family problems]. Tokyo: NHK Publishing, 1995, 90–97.

Okuda, M. *Seikatsu no keiei: jibun ryu raifu sutairu no tame ni* [Life management for constructing a personalized lifestyle]. Tokyo: Dobun Shoin, 1996, 13–44, 109–24, 185–86, 193–98.

Okuda, M. *Nihon no keizai hatten to zairai sangyo* [Economic development and conventional industry in Japan]. Tokyo: Yamakawa shuppansha, 1997, 11–68.

Okuda, M. *Seikatsu bunka no sekai: jinsei no shiki ni yosete* [World of life culture in relation to the four seasons of life]. Tokyo: Sakai Syoten, 1997, 20–31, 89–100, 102–15, 116–27.

Okuda, M. *Sobo, haha tachi no musume jidai* [Daughterhood of grandmothers and mothers]. Tokyo: Kress Shuppan, 1999, 39–50.

Okuda, M. *21 seiki no seikatsu keiei* [Life management in the 21st century]. Tokyo: Dobun Shoin, 2001, 519.

Okuda, M. *Toshika to zairai sangyo* [Urbanization and conventional industry]. Tokyo: Nihon Keizai Hyouronsha, 2002, 277–308.

Okuda, M. *Kaigo fukushi no tame no kaseigaku* [Home economics for care welfare]. Tokyo: Kenpakusha, 2004, 2–7, 14–19.

Okuda, M. *Kaigo fukushi no tame no kaseigaku jisshu* [Home economics practice for care welfare]. Tokyo: Kenpakusha, 2005, 6–13, 161–64.

Okuda, M. *Wakate kenkyusha ga yomu “kaseigaku genron” 2006* [“Principles for home economics” for young researchers, 2006]. Tokyo: Kasei Kyoikusha, 2006, 217–26.

Okuda, M. *Hyakunen mae no katei seikatsu* [Family life 100 years ago]. Tokyo: Kress Shuppan, 2006, 189–224.

Okuda, M. *Fukushi no tame no kaseigaku* [Home economics for welfare]. Tokyo: Kenpakusha, 2010, 22–32, 36–39.

**My policies on education and research:**

In educational activities, I would always like to think, with students, about how I can act to solve problems, as well as increase awareness of family issues and problems as basic human relations. I would also like to undertake my research questions seriously, asking myself whether my research contributes to increasing the welfare of society.