

Name:

Sugahara, Kiyoko

Department/Title:

Junior associate professor, Department of Nursing, University of Shizuoka

Contact:

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Educational Background:

August 2002: Graduated from the School of Nursing, Griffith University, Australia

March 2006: Completed the master's degree program at the Graduate School of Nursing Science Department with a nursing science major at Seirei Christopher University, Shizuoka

Academic Degree:

2006: Received Master of Nursing Science from Seirei Christopher University, Shizuoka

Areas of Specialization:

Basic nursing science

Subjects Taught:

- Basic Nursing Skills I
- Basic Nursing Skills II
- Basic Nursing Skills III
- Seminar in Fundamental Science
- Practice in Basic Nursing Care
- Practice in Nursing Assessment
- Development nursing training I
- Development nursing training II

Research Themes:

What students can learn and master through basic education

Academic Society Membership:

- Japan Academy of Nursing Education
- Japan Society of Nursing Research
- Japan Nursing Association

Professional Background:

- Shizuoka City Shimizu Hospital, Shizuoka
- Full-time instructor at Shizuoka City Shimizu Nursing College, Shizuoka

Social Activities:

- Lecturer at workshops for the practice leaders of nursing personnel of the Shizuoka Nursing Association
- Participant in the research committee and preparatory committee for the nurse educators training workshop of the Shizuoka Prefecture Health and Welfare Department
- Executive committee member and lecturer of the nurse educators training workshop of the Shizuoka Prefecture Health and Welfare Department

Research Publications:

- *Sokutei shiatsu no rirakuseshon koka no kensho* [Validation of relaxation effects of the planter finger pressures]. Master's thesis for the Graduate School of Seirei Christopher University, 2006. Shizuoka.
- “*Kango-kyoin no kyoiku-ito to gakusei no ninshiki—Rinchi-jisshu ni okeru seishiki shido genba kara*” [Educational intention of nurse educator and student cognizance: From the actual clinical training field of bed-bath]. *Collection of Papers from the 20th Annual Convention of Japan Nursing School Association* (2008), 98–99.
- *Kiso kangogaku jisshu de gakusei ga manande iru koto* [What students learn through basic nursing science practice]. *Academic Journal of Japan Academy of Nursing Education* 16 (2006), 143.
- *Kinosei shogai wo shiten ni shita seijin-kangogaku no kochiku* [Construction of nursing science for the adults seen from the perspective of functional disorders]. *Kango tenbo* [The Japanese Journal of Nursing Science] 30 (2005): 3, 350–58. Tokyo: Medical Friend.

- *Kango kyoshi ni yoru kaibo-seirigaku no torikumi* [Approach to anatomical physiology by nursing educators]. *Kango tenbo* [The Japanese Journal of Nursing Science] 33 (2008): 9, 88–93. Tokyo: Medical Friend.

My policies on Education and Research:

The duties of the nurse are not only supporting the recuperation of people who suffer from health problems, but also provide people who now live in good health with support for an even healthier life with their own initiative; hence the job holds a high degree of professionalism. Basic nursing education is designed to cultivate nursing professionals and for students to acquire knowledge, skills, and attitudes on the job. The education is also an opportunity to help students understand for themselves *what is nursing*. At the time of their graduation from the USJC, I expect students to be able to think of nursing scientifically, and to be able to judge and make decisions on what should be done to make it *nursing*. Therefore, I would like to learn, together with my students, about the thinking process that surrounds nursing.